

Vaccination Recommended by IAOH for Working Adults

Vaccine	19–21 years	22–26 years	27–49 years	50–64 years	> 65 years
Influenza vaccine (Quadrivalent)	1 dose annually				
Pneumococcal conjugate (PCV13)	Special situation			1 dose	
Pneumococcal polysaccharide (PPSV23)				1 dose	
Tetanus, diphtheria, pertussis (Tdap or Td)	1 dose Tdap, then Td booster every 10 years				
Measles, mumps, rubella (MMR)	2 doses (4–8 weeks interval) 1 dose (if previously immunized)				
Varicella	2 doses (4–8 weeks interval) 1 dose (if previously immunized)				
Zoster live					1 dose
Human papillomavirus (HPV)	3 doses schedule (0, 1–2 months, 6 months)				
Hepatitis A (Hep A)	2 doses (Single antigen vaccine; 0 and 6–12 months) or 3 doses (Combined Hep A and Hep B; 0, 1, and 6 months)				

Hepatitis B (Hep B)	3 doses (0, 1, 6 months)
Meningococcal A, C, W, Y	1 or 2 doses depending on indication, then booster every 5 years if risk remains
Haemophilus influenzae type b (Hib)	1 or 3 doses depending on indication

Special Vaccine Recommendation

Rabies ^s	Total: 3–4 doses Pre-exposure: 4 doses (0, 7, 21, 28 days) Post-exposure: 4 doses (0, 3, 7, 14/28 days)
Typhoid	Compulsory for food-handlers

Vaccine Recommendation for Healthcare Workers

Recommended vaccines	Hepatitis A and B Tdap Varicella (Chickenpox) Polio (IPV) Influenza	Pneumococcal Typhoid MMR Meningococcal (ACWY) Rabies
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Vaccination During Preconception and Pregnancy

Preconception	Hepatitis B Varicella (Chickenpox) MMR HPV Influenza
During pregnancy	TT/Td Tdap Influenza^
Lactation	All vaccines except typhoid and yellow fever can be given as catch-up immunization

Vaccine Recommended for Mass Gathering

Kumbh Mela Attendees	Typhoid: Strong recommendation Influenza: Strong recommendation Hepatitis A: Strong recommendation Hepatitis B: For prolonged stay Japanese encephalitis: If stay is over 1 month Yellow fever: For endemic countries Rabies: Pre-exposure Polio: 1 booster Cholera oral vaccine advised
Hajj Pilgrims	Meningococcal (mandatory): Mandatory Influenza: Recommended Polio (IPV): <15 years, endemic countries Yellow fever: Endemic countries Pneumococcal:- PCV13: 4 weeks before traveling for Hajj PPSV23: Post-return from Hajj (depends upon risk status) Hepatitis A and B: Recommended

Source: IAOH Guidebook on Adult Immunization in Occupational Health Settings.